

Computer Centre

We are back at the computer centre at Northfield Stafford after our lovely break. Looking forward to seeing our clients once more. There are 2 spaces available if anyone would like to boost and practice their IT skills in a welcoming atmosphere, it does not matter where you are starting from. We have been enjoying our project since we went back to the centre, it was all about Mental Health and Wellbeing, clients really enjoyed it. You can see one of our lovely clients receiving a well deserved certificate. Our next project is 'Cultures Of The World'. See you all soon. Jane.



AGM

Date for your diary. This years AGM is on Monday 25th October at 7.30pm. The meeting will be held over zoom. Please confirm your interest in attending either by phone to Jane on 07422731830/07485546063 or email us at office.cpmidstaffs@gmail.com We will send you the zoom link.

Cerebral Palsy Mid Staffordshire

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Newsletter September 2021

Hello and how are you all?

What is the News?

After a very difficult time in 2020, many of us will have been hoping for a better 2021! For many of us it may well have seemed like much of the same. However, the vaccination programme was rolled out in earnest and for many this has been received in a positive light with swathes of the population going ahead with it. We hope that, as a society, we can continue making small steps forward, always taking qualified advice, but doing what we feel is best for ourselves and our family.

Cerebral Palsy Mid Staffordshire News

We said goodbye to Janice Brookes in the summer. Janice has supported Cerebral Palsy Mid Staffordshire for many years and in many ways. Janice used to run the Computer Centre, but more recently all her efforts were placed into the management and administration side of the charity. She will be missed by all at Cerebral Palsy Mid Staffs and all those she has supported over the years. Good luck for the future Janice, happy trails in your walking boots!

Grants!

The Charity has been very lucky in gaining support to enable us to continue in supporting our members. One such grant the charity has received was from 'The Community Foundation For Staffordshire.' This grant enabled us to contact all of our members via our Support Worker Jane Till, and offer support. In many cases this was a call and chat, and in others physical support, ranging from activity packs, books, audio books and items to support movement such as stretch bands. We had really positive feedback from our members, it has been lovely to make even the smallest difference through this continued difficult time.

Support

Please remember we are here to support you. If there is something you are struggling with, please get in touch, we may be able to help. If you just want to chat, please get in touch. Many people living alone understandably feel lonely, but it is possible to feel lonely even when not alone. Please call if you need to talk.

Jane CPMS

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